

NOONDAY PRAYER

The Church of the Holy Trinity
Juneau, Alaska

Readings for August 17 – August 22, 2026

Icon of Christ Feeding the Multitude, from Art in the Christian Tradition, a project of the Vanderbilt University Divinity Library, Nashville, TN. <https://act.library.vanderbilt.edu/artworks/57436>



Monday, August 17 2026

The service for noonday can be found by going to our website trinityjuneau.org and clicking on the bulletins link.

O God, make speed to save us.

O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

106

Part I Confitemini Domino

1 Hallelujah!

Give thanks to the Lord, for he is good, *
for his mercy endures for ever.

2 Who can declare the mighty acts of the Lord *
or show forth all his praise?

3 Happy are those who act with justice *
and always do what is right!

4 Remember me, O Lord, with the favor you have for your people,
*
and visit me with your saving help;

5 That I may see the prosperity of your elect
and be glad with the gladness of your people, *
that I may glory with your inheritance.

6 We have sinned as our forebears did; *
we have done wrong and dealt wickedly.

7 In Egypt they did not consider your marvelous works,
nor remember the abundance of your love; *
they defied the Most High at the Red Sea.

8 But he saved them for his Name's sake, *
to make his power known.

9 He rebuked the Red Sea, and it dried up, *
and he led them through the deep as through a desert.

10 He saved them from the hand of those who hated them *
and redeemed them from the hand of the enemy.

11 The waters covered their oppressors; *
not one of them was left.

12 Then they believed his words *
and sang him songs of praise.

13 But they soon forgot his deeds *
and did not wait for his counsel.

14 A craving seized them in the wilderness, *
and they put God to the test in the desert.

15 He gave them what they asked, *
but sent leanness into their soul.

16 They envied Moses in the camp, *
and Aaron, the holy one of the Lord.

17 The earth opened and swallowed Dathan *
and covered the company of Abiram.

18 Fire blazed up against their company, *
and flames devoured the wicked.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

John 5:19-29

19 Jesus said to them, ‘Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father^{*} does, the Son does likewise. ²⁰The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. ²¹Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomsoever he wishes. ²²The Father judges no one but has given all judgement to the Son, ²³so that all may honour the Son just as they honour the Father. Anyone who does not honour the Son does not honour the Father who sent him. ²⁴Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgement, but has passed from death to life.

25 ‘Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. ²⁶For just as the Father has life in himself, so he has granted the Son also to have life in himself; ²⁷and he has given him authority to execute judgement, because he is the Son of Man. ²⁸Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice ²⁹and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

Lord, hear our prayer;

And let our cry come to you.

Let us pray.

O God of grace and mercy: Give your blessings to the Diocese of Alaska. Watch over our churches, sustain our people, strengthen our leaders. Through the Holy Spirit, guide and guard the Diocese, keeping it always under your care and protection. Let us be a loving family, serving you in faithful devotion to the Gospel of your son, Jesus Christ.

Give your blessings to Mark our bishop. Give him a spirit of courage and right judgement, a spirit of knowledge and love. Let your Holy Spirit be his companion. Let your Gospel be always in his thoughts. May your presence in his life be a light for all to see, in every good work for the building up of your people and to the Glory of your Holy Name.

Give us the blessing of your example. Help us to follow in the Way of Jesus today and every day. Give us compassion at the center of all we do: Compassion for ourselves, as disciples still young in faith; compassion for others as members of our own family in God. Let us become examples for others as so many others have been examples to us, through your love and for the sake of your glory.

O Lord our Governor, bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to other nations of the earth.

Lord, keep this nation under your care.

To the President and members of the Cabinet, to Governors of States, Mayors of Cities, and to all in administrative authority, grant wisdom and grace in the exercise of their duties.

Give grace to your servants, O Lord.

To Senators and Representatives, and those who make our laws in States, Cities, and Towns, give courage, wisdom, and foresight to provide for the needs of all our people, and to fulfill our obligations in the community of nations.

Give grace to your servants, O Lord.

To the Judges and officers of our Courts give understanding and integrity, that human rights may be safeguarded and justice served.

Give grace to your servants, O Lord.

And finally, teach our people to rely on your strength and to accept their responsibilities to their fellow citizens, that they may elect

trustworthy leaders and make wise decisions for the well-being of our society; that we may serve you faithfully in our generation and honor your holy Name.

For yours is the kingdom, O Lord, and you are exalted as head above all.

Free intercessions may be offered.

Amen.

BAPTISMS OF MANTEO AND VIRGINIA DARE

August 1587

O God, you have created every human being in your image and each one is precious in your sight: Grant that in remembering the baptisms of Manteo and Virginia Dare, we may grow in honoring your gift of diversity in human life; become stronger in living out our baptismal vow to respect the dignity of every human being; and bring into the fellowship of the risen Christ those who come to him in faith, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Final Collect

May the road rise up to meet you.

May the wind be always at your back.

May the sun shine warm upon your face;

the rains fall soft upon your fields and until we meet again, may God hold you in the palm of His hand. (Celtic)

Let us bless the Lord.

Thanks be to God.

May God bless the work of our hands. **Amen**

In the late sixteenth century, Sir Walter Raleigh established three colonies along the northeastern coast of what is now the state of North Carolina. In July 1587, the third and final settlement, consisting of 120 men, women, and children, under the leadership of John White, landed on Roanoke Island, near the present-day community of Nags Head.



With the colonists was Manteo, a Native American of the Algonquian nation and resident of Croatoan, who had traveled to London in an earlier expedition to become a liaison between the English and the Native Americans.

On August 13, 1587, Manteo was baptized, the first recorded baptism of the Church of England in the American colonies and the first recorded baptism of a Native American person in the Church of England. On August 18, Governor White's daughter Eleanor and her

husband Ananias Dare celebrated the birth of their first child, Virginia. The first child born to English settlers on the North American continent, Virginia's baptism on August 20 was the second recorded baptism in the Church of England in North America.

Governor White returned to England in late August 1587 to obtain badly needed supplies. It was understood that if the colonists were forced to abandon the settlement in White's absence, they would carve the name of their destination on a tree. If their departure were due to attack, a Maltese cross would be carved beneath. Delayed by events beyond his control, White was unable to return to the colony for three years. It was not until August 18, 1590, that White finally arrived at the site of the village. White found the word "Croatoan," with no carved cross or other signs of distress, carved into a post of the fort. Little certainty surrounds the fate of the English settlers, who remain known to history as the "Lost Colony."

Tuesday August 18 2026

The service for noonday can be found by going to our website trinityjuneau.org and clicking on the bulletins link.

O God, make speed to save us.

O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

123 *Ad te levavi oculos meos*

1 To you I lift up my eyes, *
to you enthroned in the heavens.

2 As the eyes of servants look to the hand of their masters, *
and the eyes of a maid to the hand of her mistress,

3 So our eyes look to the Lord our God, *
until he show us his mercy.

4 Have mercy upon us, O Lord, have mercy, *
for we have had more than enough of contempt,

5 Too much of the scorn of the indolent rich, *
and of the derision of the proud.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

John 5:30-47

30 'I can do nothing on my own. As I hear, I judge; and my judgement is just, because I seek to do not my own will but the will of him who sent me.

31 'If I testify about myself, my testimony is not true. ³²There is another who testifies on my behalf, and I know that his testimony to me is true. ³³You sent messengers to John, and he testified to the truth. ³⁴Not that I accept such human testimony, but I say these things so that you may be saved. ³⁵He was a burning and shining lamp, and you were willing to rejoice for a while in his light. ³⁶But I have a testimony greater than John's. The works that the Father has given me to complete, the very works that I am doing, testify on my behalf that the Father has sent me. ³⁷And the Father who sent me has himself testified on my behalf. You have never heard his voice or seen his form, ³⁸and you do not have his word abiding in you, because you do not believe him whom he has sent.

39 'You search the scriptures because you think that in them you have eternal life; and it is they that testify on my behalf. ⁴⁰Yet you refuse to come to me to have life. ⁴¹I do not accept glory from human beings. ⁴²But I know that you do not have the love of God in* you. ⁴³I have come in my Father's name, and you do not accept me; if another comes in his own name, you will accept him. ⁴⁴How can you believe when you accept glory from one another and do not seek the glory that comes from the one who alone is God? ⁴⁵Do not think that I will accuse you before the Father; your accuser is Moses, on whom you have set your hope. ⁴⁶If you believed Moses, you would believe me, for he wrote about me. ⁴⁷But if you do not believe what he wrote, how will you believe what I say?'

Hear what the Spirit is saying to God's people.

Thanks be to God.

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

Lord, hear our prayer;

And let our cry come to you.

Let us pray.

Creator, our Father in heaven, we come to you as your children. We confess that we are weak and broken images of you. We pray for the forgiveness and healing you give in Jesus Christ. May his Spirit clean our spirits, minds, hearts, and bodies. We pray that your Holy Spirit will help us to worship in spirit and truth.

Give us the blessing of your example. Help us to follow in the Way of Jesus today and every day. Give us compassion at the center of all we do: Compassion for ourselves, as disciples still young in faith; compassion for others as members of our own family in God. Let us become examples for others as so many others have been examples to us, through your love and for the sake of your glory.

Almighty God, we entrust all who are dear to us to your never-failing care and love, for this life and the life to come, knowing that you are doing for them better things than we can desire or pray for.

O God, take from us cynicism, domination and idle chatter. Give us wholeheartedness, patience and love. Help us to see where we are wrong and not to judge others. Let your face shine on us, O Lord, as we make our prayer to you. Rescue us from our distress and transform our poverty by the richness of your grace. We ask all this through Jesus Christ the Lord.

Grant, O God, that your holy and life-giving Spirit may so move every human heart, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord.

Free intercessions may be offered.

Amen.

ARTEMISIA BOWDEN

EDUCATOR, 18 AUG. 1969

O God, by your Holy Spirit, you give gifts to your people so that they might faithfully serve your Church and the world: We give you praise for the gifts of perseverance, teaching and wisdom made manifest in your servant, Artemisia Bowden, whom you called far from home for the sake of educating the daughters and granddaughters of former slaves in Texas. We thank you for blessing and prospering her life's work, and pray that, following her example, we may be ever mindful

of the call to serve where you send us; through Jesus Christ our Lord, who with you and the Spirit, lives and reigns, one God, for ever and ever. Amen.

Almighty God, to whom we must account for all our powers and privileges: Guide the people of this state in the election of officials and representatives; that, by faithful administration and wise laws, the rights of all may be protected and our nation be enabled to fulfill your purposes; through Jesus Christ our Lord. *Amen.*

Final Collect

Let our eyes be your eyes, sharing compassion, warmth and love. Let our hands be your hands bringing healing with their touch. Let our ears be your ears listening where there is need. Let our words be your words bringing comfort joy and peace. **Amen.** (Celtic)

Let us bless the Lord.

Thanks be to God.

May God grant to the world justice, truth and peace. **Amen.**



The Rt. Rev. James Steptoe Johnston, Bishop of the Missionary District of Western Texas (1888-1916), desired to provide education and skill development for newly emancipated blacks in the mission field. Bishop Johnston traveled to Raleigh, North Carolina, in search of a young, black, female teacher. In 1902, Ms. Artemisia Bowden courageously accepted Bishop Johnston's invitation and assumed leadership of the St. Philip's

Vocational Day School for Colored Children in San Antonio, Texas.

She began with less than ten students. After leading the school for 52 years, a small day school was transformed into a fully accredited junior college offering over 100 degree and certificate programs. In 2016, St. Philip's College had an enrollment of over 11,000 students. St. Philip's College carries the dual designation of being a Historically Black College and a Hispanic Serving Institution Bowden

's work, which began more than 110 years ago, continues to be an essential piece of the educational system in South Texas.

Her participation in various social causes included the Texas Commission on Interracial Relations, the Negro Business and Professional Women's Club, the City Federation of Clubs, the Southern Conference of Christians and Jews, the Coordination Council of Juvenile Delinquency in the Texas Social Welfare Association, the American Friends Service Commission, the Texas T.B. Association of Bexar County, and the National Association of College Women's Clubs.

Her visionary leadership at St. Philip's, as well as in the community, earned her honorary degrees, and recognition as one of ten outstanding women in the field of education by the National Council of Negro Women in 1946; she was honored as Zeta Phi Beta's Woman of the Year in 1955. Dr. Bowden died in 1969, after a full and rich life of faith in Christ and fidelity to Christ's Church, having served both the School and St. Philip's Church in the Diocese of West Texas for more than sixty-seven years.

Wednesday, August 19 2026

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O God, make speed to save us.

O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

128 *Beati omnes*

1 Happy are they all who fear the Lord, *
and who follow in his ways!

2 You shall eat the fruit of your labor; *
happiness and prosperity shall be yours.

3 Your wife shall be like a fruitful vine within your house, *
your children like olive shoots round about your table.

4 The man who fears the Lord *
shall thus indeed be blessed.

5 The Lord bless you from Zion, *
and may you see the prosperity of Jerusalem all the days
of your life.

6 May you live to see your children's children; *
may peace be upon Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

John 6:1-15

6After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias.* ²A large crowd kept following him, because they saw the signs that he was doing for the sick. ³Jesus went

up the mountain and sat down there with his disciples. ⁴Now the Passover, the festival of the Jews, was near. ⁵When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' ⁶He said this to test him, for he himself knew what he was going to do. ⁷Philip answered him, 'Six months' wages* would not buy enough bread for each of them to get a little.' ⁸One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' ¹⁰Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they* sat down, about five thousand in all. ¹¹Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. ¹²When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' ¹³So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. ¹⁴When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

15 When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

Hear what the Spirit is saying to God's people.

Thanks be to God.

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

Lord, hear our prayer;

And let our cry come to you.

Let us pray.

Litany of Healing

God the Father,

have mercy on us.

God the Son,

have mercy on us.

God the Holy Spirit,

have mercy on us.

Holy and blessed Trinity,

have mercy upon us and save us.

For those who suffer in body

Hear us, good Lord.

For the distressed in mind and spirit

Hear us, good Lord.

For those burdened by sin

Hear us, good Lord.

For all of us who fall short of your glory

Hear us and save us.

For strength to endure

Hear us, good Lord.

For hope to sustain

Hear us, good Lord.

For the grace of the Holy Spirit

Hear us, good Lord.

For all of us present .

Hear us and save us.

For those who we lift up in our prayers

Hear us and save us.

In your great mercy look with compassion on your people,
hear our prayers, pardon our sins and bring us to eternal life.

Lord, hear us and have mercy.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever.

Amen. (*Welsh BCP*)

Lord, give your blessings to the Diocese of Alaska. Watch over our churches, sustain our people, strengthen our leaders. Through the Holy Spirit, guide and guard the Diocese, keeping it always under

your care and protection. Let us be a loving family, serving you in faithful devotion to the Gospel of your son, Jesus Christ.

Give your blessings to Mark our bishop. Give him a spirit of courage and right judgement, a spirit of knowledge and love. Let your Holy Spirit be his companion. Let your Gospel be always in his thoughts. May your presence in his life be a light for all to see, in every good work for the building up of your people and to the Glory of your Holy Name.

Give us the blessing of your example. Help us to follow in the Way of Jesus today and every day. Give us compassion at the center of all we do: Compassion for ourselves, as disciples still young in faith; compassion for others as members of our own family in God. Let us become examples for others as so many others have been examples to us, through your love and for the sake of your glory.

O God, you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord.

Free intercessions may be offered.

Amen.

Great Physician of our souls and bodies, you are always at work in our lives to bring good out of evil . . .

**May your sick children
experience the same surge of healing power as did the sick
woman who touched the hem of your robe.**

Great Spirit, who broods over the world, restore the garment of our self-respect, and remake us in your beauty.

**Renew in us
the stillness of our being,
the soundness of our bodies
and the secret of our wholeness.**

Let us bless the Lord. **Thanks be to God.**

May Christ our redeemer bring us healing and wholeness. **Amen.**

Anyone desiring healing prayers is invited to come to the altar after the service.

Thursday, August 20 2025

O God, make speed to save us.

O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

131 *Domine, non est*

1 O Lord, I am not proud; *
I have no haughty looks.

2 I do not occupy myself with great matters, *
or with things that are too hard for me.

3 But I still my soul and make it quiet,
like a child upon its mother's breast; *
my soul is quieted within me.

4 O Israel, wait upon the Lord, *
from this time forth for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

John 6:16-27

16 When evening came, his disciples went down to the lake, ¹⁷got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. ¹⁸The lake became rough because a strong wind was blowing. ¹⁹When they had rowed about three or four miles, ^{*}they saw Jesus walking on the lake and coming near the boat, and they were terrified. ²⁰But he said to them, 'It is I; ^{*}do not be afraid.' ²¹Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

22 The next day the crowd that had stayed on the other side of the lake saw that there had been only one boat there. They also saw that Jesus had not got into the boat with his disciples, but that his disciples had gone away alone. ²³Then some boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks.*
²⁴So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

25 When they found him on the other side of the lake, they said to him, ‘Rabbi, when did you come here?’ ²⁶Jesus answered them, ‘Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’

Hear what the Spirit is saying to God’s people.

Thanks be to God.

A meditation, silent or spoken, may follow.

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Lord, hear our prayer;

And let our cry come to you.

Let us pray.

O God of grace and mercy: Give your blessings to the Diocese of Alaska. Watch over our churches, sustain our people, strengthen our leaders. Through the Holy Spirit, guide and guard the Diocese, keeping it always under your care and protection. Let us be a loving family, serving you in faithful devotion to the Gospel of your son, Jesus Christ.

Give your blessings to Mark our bishop. Give him a spirit of courage and right judgement, a spirit of knowledge and love. Let your Holy Spirit be his companion. Let your Gospel be always in his thoughts. May your presence in his life be a light for all to see, in every good work for the building up of your people and to the Glory of your Holy Name.

Give us the blessing of your example. Help us to follow in the Way of Jesus today and every day. Give us compassion at the center of all we do: Compassion for ourselves, as disciples still young in faith; compassion for others as members of our own family in God. Let us become examples for others as so many others have been examples to us, through your love and for the sake of your glory.

Look with pity, O heavenly Father, upon the people in this land who live with injustice, terror, disease, and death as their constant companions. Have mercy upon us. Help us to eliminate our cruelty to these our neighbors. Strengthen those who spend their lives establishing equal protection of the law and equal opportunities for all. And grant that every one of us may enjoy a fair portion of the riches of this land; through Jesus Christ our Lord.

Free intercessions may be offered.

Amen.

BERNARD OF CLAIRVAUX

ABBOT, THEOLOGIAN, AND POET (20 AUGUST 1153)

O God, by whose grace your servant Bernard of Clairvaux, kindled with the flame of your love, became a burning and a shining light in your church: Grant that we also may be aflame with the spirit of love and discipline and walk before you as children of light; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Final Collect

May God the Father bless us;

May Christ take care of us;

May the Holy Spirit enlighten us
all the days of our life.

The Lord be our Defender
and Keeper of body and soul

both now and for ever,

to the ages of ages. *(Book of Cerne, tenth century)*

Let us bless the Lord. **Thanks be to God.**

May God kindle in us the fire of love. **Amen.**



Bernard was the son of a knight and landowner who lived near Dijon, France. He was born in 1090 and given a secular education, but in 1113 he entered the Benedictine Abbey of Citeaux. His family was not pleased with his choice of a monastic life, but he nevertheless persuaded four of his brothers and about twenty-six of his friends to join him. After only three years, the abbot of Citeaux deployed Bernard and a small company of monks to establish a monastery at Clairvaux in 1115.

The work at Clairvaux, and the extreme rigors of the Benedictine rule practiced by the Cistercian community, were taxing. Tasked with much, Bernard denied himself sleep to the detriment of his health that he might have time to write letters and sermons. He preached so persuasively that sixty new abbeys were founded, all affiliated with Clairvaux. Famed for the ardor with which he preached love for God without measure, he fulfilled his own definition of a holy man: “seen to be good and charitable, holding back nothing for himself, but using his every gift for the common good.”

By 1140, his writings had made him one of the most influential figures in Christendom. His guidance was sought by prelates and princes, drawing him into active participation in all manner of controversy involving the church, from settling disputes among secular rulers to sorting contentious theological debates. An ardent opponent of a growing movement of his time to reconcile inconsistencies of doctrine by reason, he felt that such an approach was a downgrading of the mysteries. This conflict took particular expression in his fierce opposition to the formidable theologian, Abelard.

Among Bernard’s writings are treatises on humility and pride, on love, on the veneration of Mary, and a commentary on the Song of

Songs. Among well known hymns, he is credited with having written “O sacred head sore wounded” (The Hymnal 1982, #168; #169), “Jesus, the very thought of thee” (#642) and “O Jesus, joy of loving hearts” (#649; #650). He died on August 20th, 1153.

Friday, August 21 2026

The service for noonday can be found by going to our website trinityjuneau.org and clicking on the bulletins link.

O God, make speed to save us.

O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

142 *Voce mea ad Dominum*

1 I cry to the Lord with my voice; *
to the Lord I make loud supplication.

2 I pour out my complaint before him *
and tell him all my trouble.

3 When my spirit languishes within me, you know my path; *
in the way wherein I walk they have hidden a trap for me.

4 I look to my right hand and find no one who knows me; *
I have no place to flee to, and no one cares for me.

5 I cry out to you, O Lord; *
I say, "You are my refuge,
my portion in the land of the living."

6 Listen to my cry for help, for I have been brought very low; *
save me from those who pursue me,
for they are too strong for me.

7 Bring me out of prison, that I may give thanks to your Name; *

when you have dealt bountifully with me,
the righteous will gather around me

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen

John 6:27-40

²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’ ²⁸Then they said to him, ‘What must we do to perform the works of God?’ ²⁹Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’

³⁰So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing?’

³¹Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.”’ ³²Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven.

³³For the bread of God is that which ^{*}comes down from heaven and gives life to the world.’ ³⁴They said to him, ‘Sir, give us this bread always.’

³⁵Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.’ ³⁶But I said to you that you have seen me and yet do not believe. ³⁷Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; ³⁸for I have come down from heaven, not to do my own will, but the will of him who sent me. ³⁹And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day.

⁴⁰This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day.’

Hear what the Spirit is saying to God’s people.

Thanks be to God.

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

Lord, hear our prayer;

And let our cry come to you.

Let us pray.

O God of grace and mercy: Give your blessings to the Diocese of Alaska. Watch over our churches, sustain our people, strengthen our leaders. Through the Holy Spirit, guide and guard the Diocese, keeping it always under your care and protection. Let us be a loving family, serving you in faithful devotion to the Gospel of your son, Jesus Christ.

Give your blessings to Mark our bishop.

Give him a spirit of courage and right judgement, a spirit of knowledge and love. Let your Holy Spirit be his companion. Let your Gospel be always in his thoughts. May your presence in his life be a light for all to see, in every good work for the building up of your people and to the Glory of your Holy Name.

Give us the blessing of your example. Help us to follow in the Way of Jesus today and every day. Give us compassion at the center of all we do: Compassion for ourselves, as disciples still young in faith; compassion for others as members of our own family in God. Let us become examples for others as so many others have been examples to us, through your love and for the sake of your glory.

Almighty God, you proclaim your truth in every age by many voices: Direct, in our time, we pray, those who speak where many listen and write what many read; that they may do their part in making the heart of this people wise, its mind sound, and its will righteous; to the honor of Jesus Christ our Lord.

Free intercessions may be offered.

AMEN.

Final Collect

May God's love be the love that surrounds us today.

May God's peace be the peace that we share on our way.

May God's grace be the grace that our actions display.

May God's truth be the truth in the words that we say. Amen
Celtic

The service concludes as follows

Let us bless the Lord.

Thanks be to God.

May Christ our Savior give us peace. **Amen.**

Saturday August 22 2026

The service for noonday can be found by going to our website trinityjuneau.org and clicking on the bulletins link.

O God, make speed to save us.

O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

137 *Super flumina*

1 By the waters of Babylon we sat down and wept, *
when we remembered you, O Zion.

2 As for our harps, we hung them up *
on the trees in the midst of that land.

3 For those who led us away captive asked us for a song,
and our oppressors called for mirth: *
"Sing us one of the songs of Zion."

4 How shall we sing the Lord's song *
upon an alien soil?

5 If I forget you, O Jerusalem, *
let my right hand forget its skill.

6 Let my tongue cleave to the roof of my mouth
if I do not remember you, *
if I do not set Jerusalem above my highest joy.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

John 6:41-51

41 Then the Jews began to complain about him because he said, ‘I am the bread that came down from heaven.’ ⁴²They were saying, ‘Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, “I have come down from heaven”?’ ⁴³Jesus answered them, ‘Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, “And they shall all be taught by God.” Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your ancestors ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.’

Hear what the Spirit is saying to God’s people.

Thanks be to God.

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

Lord, hear our prayer;

And let our cry come to you.

Let us pray.

O God of grace and mercy: Give your blessings to the Diocese of Alaska. Watch over our churches, sustain our people, strengthen our leaders. Through the Holy Spirit, guide and guard the Diocese, keeping it always under your care and protection. Let us be a loving

family, serving you in faithful devotion to the Gospel of your son, Jesus Christ.

Give your blessings to Mark our bishop. Give him a spirit of courage and right judgement, a spirit of knowledge and love. Let your Holy Spirit be his companion. Let your Gospel be always in his thoughts. May your presence in his life be a light for all to see, in every good work for the building up of your people and to the Glory of your Holy Name.

Give us the blessing of your example. Help us to follow in the Way of Jesus today and every day. Give us compassion at the center of all we do: Compassion for ourselves, as disciples still young in faith; compassion for others as members of our own family in God. Let us become examples for others as so many others have been examples to us, through your love and for the sake of your glory.

Almighty God, whose loving hand *hath* given us all that we possess: Grant us grace that we may honor *thee* with our substance, and, remembering the account which we must one day give, may be faithful stewards of *thy* bounty.

Free intercessions may be offered.

Amen.

Final Collect

May we never walk in solitude or fear, but the fellowship of the Spirit warm our hearts, the love of the Saviour bring us joy and the shelter of the Father's arms forever keep us safe. **Amen.**

Let us bless the Lord.

Thanks be to God.

May Christ dwell in our hearts by faith. Amen.